

July 15th Webinar Highlights

Stay Connected

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Webinar Recap and Highlights

- **Academic Accommodations with Student Disability Services (SDS)**

- Accommodation Process

- Submit documentation following [the steps outlined on this webpage](#)
 - Documents such as IEP and 504 plans are now being accepted as valid documentation under new legislation
 - Complete an interactive meeting with an accommodation specialist to approve and activate your accommodations
 - The accommodations process is completed once only and will last for the duration of studies of the student
 - Contact SDS@du.edu for specific questions

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• Executive Functioning (EF)

- Executive Functioning is described as the brain's "air-traffic control system," consisting of cognitive processes that allow individuals to plan, organize, and monitor their actions to achieve goals.
- It is categorized into three main areas of regulation:
 - Behavior Regulation: Self-Monitor and Inhibit
 - Emotion Regulation: Shift and Emotion Control
 - Cognitive Regulation: Initiate, Plan and Time Management, Task Monitor, Organization, Working Memory
- At the University of Denver's Learning Effectiveness Program (L.E.P.), the most requested EF supports are for time management and task initiation
- All L.E.P. students receive individualized executive function coaching during their weekly specialist meetings to identify skill deficits and develop strategies.
 - You can book additional EF support with our Coach Jesse Rudermann.

• BRIEF Assessment Tool

- Purpose: It identifies an incoming student's existing EF skill sets and areas for growth. These results are then used by L.E.P. Specialists to guide individualized conversations about skill development.
- Process
 - Incoming first-year L.E.P. students receive the assessment via their @du.edu email. It takes approximately 15-30 minutes to complete. Students must complete it independently and should not skip any questions
- Important Dates:
 - The assessment is emailed on Monday, July 20, 2026
 - The deadline for completion is August 10, 2026