

GLOW RIDE



RSVP!



Decorate
your helmet!
(We'll bring stuff!)

bit.ly/glowride_fall24

Ride with us!

(We'll bring snacks + music!)



Light your bike!
(We'll bring glowsticks!)

Part of 100 Days of Spiritual Wellness

GLOW RIDE is a
DU fun/easy group
ride on 5 Mondays
in Fall

MONDAYS

Sept 16, 23, 30
October 14, 21

6:45-7:15
Decorate!(CCOM 1200)

7:15-8pm **Ride!**
(base of stairs @ CCOM
Starbucks, outside)



spiritual_life@du.edu | Teams@Sarah Pessin