



Friday		
Time	Program	Location
2:30-3:30pm	First Ascent Check In	Race St. (outside of Starbucks)
3:30-4:00pm	Bus Arrival & Loading	Race St. (outside of Starbucks)
4:00pm	Van Departs	I-25 North
6:30pm	Arrive to KMC	Upper Campus Parking Lot
6:30-7:00pm	Settle into Cabins	Student Cabins
7:00pm-8:00pm	Dinner + Welcome	Dining Hall
8:00pm-10:00pm	Evening Activities*	Upper Campus
10:00pm-11:00pm	Free Time/Return to Cabins	KMC + Student Cabins
Saturday		
Time	Program	Location
8:00-9:00am	Breakfast	Dining Hall
9-12:00pm	First Ascent Activity Rotations* The 4D Experience Challenge Course Self-Guided Hikes Cliff Lake Rock Climbing Arts & Crafts Free Time (academic study or other)	KMC – Various
12-12:30pm	Transition Period	
12:30-1:30pm	Lunch	Dining Hall
1:30-4:30pm	First Ascent Activity Rotations* The 4D Experience Challenge Course Self-Guided Hikes Cliff Lake Rock Climbing Arts & Crafts Free Time (academic study or other)	KMC – Various
4:30-5:00pm	Transition Period	
5:00-6:30pm	Free Time – Explore, Relax, Reflect	KMC – Various
6:30-7:30pm	Dinner	Dining Hall
7:30-10:30pm	Evening Activities*	KMC – Various
10:30-11:00pm	Free Time/Return to Cabins	Staff/Student Cabins
Sunday		
Time	Program	Location
6:30-7:00am	Wake Up	Student/Staff Cabins
7:00-8:00am	Breakfast	Dining Hall
8:00-11:00am	First Ascent Activity Rotations* Yoga Challenge Course Self-Guided Hikes Cliff Lake Rock Climbing Arts & Crafts Free Time (academic study or other)	KMC – Various
11:00-11:30am	Transition	
11:30-12:30pm	Lunch	Dining Hall
12:30-1:30pm	Pack Up/Check Out	Student/Staff Cabins
1:30pm-2:00pm	Bus Loading	Outside Activity Center
2:00pm	Bus Departs for DU Campus	I-25 South
4:30pm	Buses Arrive to DU Campus	Race St. (outside of Starbucks)

*Full details will be provided prior to your First Ascent Weekend experience.

Welcome Activities will include:

- KMC Campus Overview:
 - Review of Facilities & Amenities
 - Emergency Preparedness Protocol & Community Standards
 - Cabin Expectations
- First Ascent Teambuilding exercises and opportunities for students to connect and get to know their peers.

Evening Activities will include opportunities such as:

- Smores Bar & Campfire
- Interest Groups & Meetups
- Movie Night
- Game Night
- Choose Your Own Adventure at the Activity Center
- Additional opportunities to be shared at your First Ascent!