

# First Ascent Schedule

Friday		
Time	Program	Location
2:30-3:30pm	First Ascent Check In	Buchtel Blvd. Circle Bus Parking
3:30-4:00pm	Bus Arrival & Loading	Buchtel Blvd. Circle Bus Parking
4:00pm	Van Departs	I-25 North
6:30pm	Arrive to KMC	Upper Campus Parking Lot
6:45pm-7:45pm	Dinner	Dining Hall
7:45pm-8:15pm	Cabin Meetings – drop items into cabins	Student Cabins/Staff Cabins
8:30pm-10:00pm	Welcome & Evening Activities	KMC
10:00pm-11:00pm	Free Time/Return to Cabins	KMC + Student/Staff Cabins
Saturday		
Time	Program	Location
7:00-8:00am	Morning Wellness Activities (optional) <ul style="list-style-type: none"> <li>• Yoga</li> <li>• Meditation Hike</li> </ul>	Activities Center
8:00-9:00am	Breakfast	Dining Hall
9:00-12:00pm	First Ascent 4D Rotations (assigned rotation or sign up)	KMC – Various
12-12:30pm	Transition Period	
12:30-1:30pm	Lunch	Dining Hall
1:30-4:30pm	First Ascent 4D Rotations (assigned rotation or sign up)	KMC – Various
4:30-5:00pm	Transition Period	
5:00-6:30pm	Free Time – Explore, Relax, Reflect	KMC – Various
6:30-7:30pm	Dinner	Dining Hall
7:30-9:00pm	Large Group Activity	TBD
9:00-10:30pm	Evening Activities <ul style="list-style-type: none"> <li>• Climbing &amp; Belay Training</li> <li>• Campfire &amp; Smores (Fire pit)</li> <li>• Free Play (Activities Center)</li> <li>• Interest Groups &amp; Meetups</li> <li>• Movie (Dining Hall)</li> <li>• Board Games &amp; Conversation (Cabins)</li> </ul>	KMC – Various
10:30-11:00pm	Free Time/Return to Cabins	Staff/Student Cabins
Sunday		
Time	Program	Location
6:30-7:00am	Wake Up	Student/Staff Cabins
7:00-8:00am	Breakfast	Dining Hall
8:00-11:00am	First Ascent 4D Rotations (assigned rotation or sign up)	KMC – Various
11:00-11:30am	Transition	
11:30-12:30pm	Lunch	Dining Hall
12:30-1:00pm	Pack Up Cabins	Student/Staff Cabins
1:00pm-1:30pm	First Ascent Photo (wear First Ascent t-shirts)	Overlook (behind cabins)
1:30pm-1:45pm	Bus Loading	Upper Campus Parking Lot
2:00pm	Bus Departs for DU Campus	I-25 South
4:30pm	Buses Arrive to DU Campus	Buchtel Blvd. Circle Bus Parking