Prepare for your trip to The James C. Kennedy Mountain Campus.

The James C. Kennedy Mountain Campus is located near Red Feather Lakes, CO, at an elevation of 8,000 feet (about the height of Mount St. Helens). During your visit, you should be prepared for fluctuating temperatures, wind, and rain. Please make sure you have the necessary gear for your health and enjoyment.

Weather for the Red Feather Lakes area can be found <u>here</u> (Please pay attention to the low temperatures and pack accordingly).

If you have questions regarding clothing or personal accouterments, do not hesitate to contact the Director of Outdoor Experiences, Matt Jensen, at matt.jensen@du.edu.

Overnight Packing List

Note on Space

Please limit personal belongings to a medium-sized duffel bag (stored under a bunk) and a day pack.

Scented Items

Please do not pack perfumes, body spray, or other heavily scented items that may attract bugs and wildlife or irritate cabin mates. Deodorant and scented soap are ok.

<u>Activewear</u>

It is preferable to wear quick-drying pants and/or shorts as these garments will help wick sweat and dry more quickly once they become wet. Rock climbing and the high ropes challenge course require a harness, and we suggest wearing pants for these activities.

- □ Shirts short and long sleeve
- □ Warm Layers sweatshirt, fleece, etc. It will be cold in the morning and at night
- □ Shoes suitable for hiking
- □ Hat for sun
- Hat for cold
- □ Lightweight Gloves
- □ Rain jacket (rain pants if possible)
- □ Insulating Jacket- for evening activities
- □ Sunglasses
- □ Bandana, neck gaiter, or small packable towel for sun and perspiration

Cabin wear and personal effects

- □ Sleepwear/loungewear
- □ Shower shoes
- □ Pillow (optional; each bunk has a pillow)

Toiletries

There is shampoo/body wash in each shower. We suggest that makeup be waterproof.

- □ Toothbrush/paste
- □ Personal needs contact solution, comb/brush, conditioner, etc.
- □ Washcloth (Bath towels provided)

Day Pack

- Day pack large enough for your personal effects
- □ Lip balm (Sunscreen is provided)
- Bug spray

- □ 32 fl. Oz. water bottle (at least one)
- □ Medications Epinephrin if you have a known life-threatening allergen
- Light First Aid Kit Band-Aids, moleskin, aloe vera gel, etc.
- □ Headlamp or Small Flashlight

Optional but recommended

- Camera
- □ Binoculars
- □ GPS
- Books
- Download Plant and Animal ID App Seek, iTrack, iNaturalist

Cabin Amenities

Cabins sleep around 30 people and come furnished with a seating area, dining table, fridge and freezer, microwave, instant hot water, mugs for coffee and tea, and an assortment of games. There is a small deck with camp chairs.

Restrooms and shower facilities are all-gender with private shower stalls.

Connectivity

There is NO cell service or wifi currently available at the James C. Kennedy Mountain Campus. We strongly suggest that all schoolwork be accessible to work offline.

Meals

All meals and snacks are provided. Meals will be eaten at the Dining Hall. Snacks will be available in the afternoons at the Dining Hall, and Activity Leads may have snacks.

Medical Needs

A medical professional is accessible 24 hours a day. They are located in the Health Center on the ground floor of the Dining Hall.

Equipment Library

The equipment library is free to use. We currently stock day packs, compasses, headlamps, hammocks, lawn games, and other outdoor gear. The library is located on the ground floor of the Dining Hall.