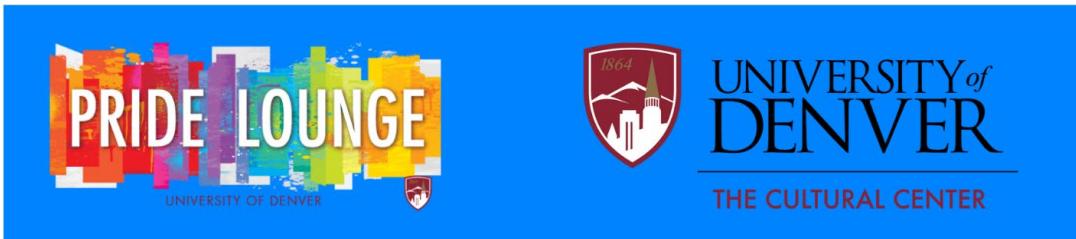


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# University of Denver Trans Student Guide



[www.du.edu/pride](http://www.du.edu/pride)

Fall 2022

This guide is a resource for current, past and prospective University students, who are Transgender, non-binary, or otherwise gender expansive.

In this document, we use the umbrella term “Trans” to encompass these diverse range of identities. We recognize that labels are very personal and fluid, and that this term may not fully cover the range of everyone’s experience—but we do mean to use it in the most inclusive way possible.

While every individual’s journey is unique and different, The Cultural Center and campus partners provide this Guide to help answer some questions related to being Trans and/or transitioning on campus.

# TABLE OF CONTENTS

- I. Need-to-Know Contacts
- II. Bathroom & Locker Rooms
- III. University Protections
- IV. Campus Offices
  - A. The Cultural Center & Pride Lounge
  - B. Student Outreach and Support (SOS)
  - C. Health and Counseling Center (HCC)
  - D. Thrive & Health Promotion
  - E. CAPE
- V. Campus Processes
  - A. Names, Pronouns & Gender Markers
  - B. Legal Name Changes
  - C. Scholarships, Financial Aid & Payroll
  - D. Student ID Card & RTD Passes
  - E. Email Address
  - F. Classroom
  - G. Diploma, Graduation Program & Transcripts

Campus Records
- VI. Housing
  - A. On-campus
  - B. Off-campus
- VII. Resources
  - A. Miscellaneous Resources
  - B. Off-Campus Resources
  - C. National Resources

## QUICK REFERENCES

*These two items (Contacts & Bathrooms) are provided first as they are most often asked about.  
Additional topics and details follow!*

### Need-to-Know Campus Contacts

#### **The Cultural Center and Pride Lounge**

staff offices: Community Commons, Grand Suite 1200  
Pride Lounge and Affinity Lounge – 3<sup>rd</sup> Floor Community Commons  
303.871.3111  
[www.du.edu/culturalcenter](http://www.du.edu/culturalcenter)                      tccinfo@du.edu

*The TCC is hiring a new staff member focused on Gender & Sexuality; in the  
meanwhile please reach out to other staff members who are happy to help!*

#### **Health and Counseling Center (HCC)**

303.871.2205                                      After hours: 303.871.3000 select option 1  
[www.du.edu/health](http://www.du.edu/health)

#### **Center for Advocacy Prevention and Empowerment (CAPE)**

303.871.3853                                      After hours: 303.871.3000  
[www.du.edu/cape](http://www.du.edu/cape)

#### **Student Outreach and Support (SOS)**

303.871.4724  
[www.du.edu/studentssupport](http://www.du.edu/studentssupport)

#### **Campus Safety** (answered 24/7-hour)

Non-emergency: 303.871.2334                      **Emergency number: 303.871.3000**  
Providing 24 hours a day, year-round support around physical safety, parking and  
crime prevention. You can also contact them for late night escorts, car lock-outs or  
dead batteries, etc.  
[www.du.edu/campussafety](http://www.du.edu/campussafety)

## BATHROOM AND LOCKER ROOMS



Below is a growing list of all the single occupancy and/or all-gender bathrooms on campus. (Note: Menstruation products are available in most All-Gender Restrooms.)

If you find corrections or additions, please email details to [tccinfo@du.edu](mailto:tccinfo@du.edu)

Building	Room # or description
Ammi Hyde (GSPP)	Upper level & Lower Level
Anderson Academic Commons (AAC) – main library	Main floor, hallway by computer lab, room 261 Main floor behind café, Rooms 210 & 211 Lower level, northeast side, near stacks, room 161 Upper level, northeast side, room 361
Boettcher West	2 <sup>nd</sup> Floor
Burwell Center for Career Achievement	2 <sup>nd</sup> Floor
Centennial Halls Residence Hall	North Tower –residential floors 2-10 South Tower, 4 <sup>th</sup> floor South Tower 2 <sup>nd</sup> floor (no shower)
Chambers Center (Women’s College)	Next to elevators, center of each floor
Community Commons	2315 and 3315 --northeast end of atrium, next to shower rooms
Craig Hall (GSSW)	1st floor, west wing ( <i>multi-user</i> ) 2nd, 3rd & 4th floors, near center of east wing
Dimond Family Residential Village	West Building, on each floor
HCC Asbury	West end (2 rooms)
Nagel residence hall	Main level
Newman Center for Performing Arts	325, east side of floor 423, east side of floor 425, east side of floor 525, near piano practice rooms

Olin Hall	150, south end first level 250, south end second level
Ricketson (Sturm College of Law)	Along eastern wall of each Library floor
Ritchie Center	3 <sup>rd</sup> floor north, near Health & Counseling Center basement level, in hallway to pool
Sturm Hall	279 (North end, near elevator)

“All-Gender Restrooms” is also a **filter you can apply to the online campus maps:**  
[www.du.edu/maps](http://www.du.edu/maps) > Accessibility/ADA (on left menu)

DU is also working to add additional All-Gender spaces as existing infrastructure, available funds, and/or larger renovations allow. A particular focus is on “bathroom deserts”—areas of campus where there are not already All Gender restrooms available, usually in clusters of older facilities.

### **Gym/Locker Rooms**

University policy and local law prohibits discrimination based on gender identity and gender expression. However, DU has no specific policy regarding gender-labeled bath or locker rooms *usage* on campus. We encourage everyone to use the restroom and locker rooms they feel most comfortable in, as we pursue an affirming campus use policy, and additional facilities options.

FYI, if you have a Ritchie *Gold*-level membership you can access locker rooms that have more private spaces than general membership spaces.

All-gender, single stall **showers** are also available in several other buildings, including Ruffatto Hall top floor, the 1<sup>st</sup> & 3<sup>rd</sup> floors of the Community Commons, and others.



# DU TRANS STUDENT GUIDE



***University policy, as well as Colorado and Denver law, protects all genuine expressions of someone’s gender identity.***

*For other cities and states’ laws, visit [www.hrc.org/resources/state-equality-index](http://www.hrc.org/resources/state-equality-index)*

## **University Protections against Discrimination, Harassment and Gender-based Violence**

*The University prohibits discrimination on the basis of sex, gender identity, gender expression, and other protected status in its educational and employment programs and activities.*

If you have experienced discrimination, harassment, or gender-based violence, we encourage you to report all incidents and suspected incidents directly to the Office of Equal Opportunity & Title IX by filling out the Incident Report Form at their website: [www.du.edu/equalopportunity](http://www.du.edu/equalopportunity). Members of the EOTIX staff will review your report, and contact you to follow up with resources, process options, etc.

DU's full Equal Opportunity & Title IX policy & procedures are at [www.du.edu/equalopportunity/policies-procedures](http://www.du.edu/equalopportunity/policies-procedures) Sexual orientation has been included since 1995; and gender identity and gender expression since 2007. DU was among the first 8% of US colleges and universities to include all four categories (three previous, plus sex) explicitly in its governing policy.

Beyond not discriminating, the University also *affirmatively* commits to include all peoples. Visit the University's central diversity, equity and inclusion (DEI) portal at [www.du.edu/equity](http://www.du.edu/equity)



## CAMPUS RESOURCES

*Most campus websites were rebuilt through 2021-22, and so web URLs may have changed, breaking listed links in some cases. As they relaunch, you can begin at Student Affairs-based sites at <https://studentaffairs.du.edu> and search through to specific offices and services.*



### **The Cultural Center & Pride Lounge**

The DU Cultural Center strives to create an environment where students of color, students of marginalized faiths, and LGBTQ+ students can critically engage their historical legacies, while enhancing their educational, intellectual and personal/professional interest as it relates to race, ethnicity, gender, sexuality, socio-economic, and cultural sensibilities; while providing a physical safe haven for respite and dialogue as they navigate their journey at DU. The Cultural Center hosts regular LGBTQ+ social and support events.

The Cultural Center **staff offices** are located in Suite 1200 of the Community Commons. The **Affinity Lounge** is located toward the east end of the 3<sup>rd</sup> floor of the Community Commons. The **Pride Lounge**, home to DU's LGBTQ+ student community, is just down the hall, in the Student Experience Suite (#3200)! Stop by to meet new folks, hang out, check out upcoming events, and get connected with additional LGBTQ+ resources.

[www.du.edu/pride](http://www.du.edu/pride)

### **Student Outreach and Support (SOS)**

SOS helps students succeed by connecting them to resources, developing a plan of action to meet their goals, and navigating challenging situations. The SOS staff creates an inclusive and welcoming environment for students to develop skills in self-awareness, self-advocacy, resilience, and navigation to maximize their educational experience. Located in the Community Commons 3<sup>rd</sup> Floor.

<https://studentaffairs.du.edu/student-outreach-support>      [sos@du.edu](mailto:sos@du.edu)



### **Health & Counseling Center (HCC)**

The HCC provides medical and mental health care, health education and student insurance administration. The HCC is explicitly LGBTQ+ inclusive, including medical and mental healthcare providers with Trans healthcare experience; and they are always open to feedback about Trans students' experiences. The HCC offers individual counseling and LGBTQ+ group counseling, including an LGBTQ+ Trauma group and Gender Identity Support group.

The HCC provides high quality, evidence based inclusive health care for graduate and undergraduate transgender and gender diverse students. Their approach, including the use of gender affirming language, weight-inclusive and trauma informed practice, guides their informed consent model for students who wish to socially transition, initiate and/or continue gender affirming hormones, seek surgical consultation for gender affirmation surgery, or just need support in navigating the healthcare system.

To find a provider with specific experience in Trans healthcare, students can call the front desk and request to meet with a provider with this experience/ expertise, students can talk with a HCC staff member during their drop-in hours at the Pride Lounge or Cultural Center, and/or check out HCC staff bios to find a provider you might be interested in speaking with: <https://studentaffairs.du.edu/health-counseling-center/about-us/our-staff>

Based in the Ritchie Center, 3<sup>rd</sup> floor north (on Buchtel Blvd, facing I-25). Care options and appointments are available in person, and via web or phone. LGBTQ+ specific student resources can be found at <https://studentaffairs.du.edu/health-counseling-center/medical-services/lgbtqia-health>

Homepage at [www.du.edu/health](http://www.du.edu/health)

303.871.2205



### Health Promotion & Thrive at DU

The Department of Health Promotion envisions a future where every member of the DU community will have the opportunity to learn, connect, and thrive in a supportive campus community. Thrive is home to DU’s health education team, including inclusive sexual health! They are also your campus resource for STI-testing and free/low-cost safer sex supplies. They are located on the 3<sup>rd</sup> floor of the Community Commons in Suite 3200.

[www.du.edu/health-and-counseling-center/healthpromotion](http://www.du.edu/health-and-counseling-center/healthpromotion) 303.871.2205



### Center for Advocacy Prevention and Empowerment (CAPE)

CAPE offers free and confidential supports for victims of sexual assault, relationship violence, stalking, and/or sexual harassment to all students. We can connect folks to safe housing, help talk through reporting options, access medical care, obtain financial or academic support, or simply be a safe and confidential place to talk. You can connect with an advocate by emailing [cape@du.edu](mailto:cape@du.edu), calling 303-871-3853. You can also WebBook with an advocate directly through your MyHealth portal.

[www.du.edu/cape](http://www.du.edu/cape) or via HCC 303.871.2853





## CAMPUS PROCESSES

### Names, Pronouns & Gender Marker

The University of Denver is aware that many of its constituents routinely use a first or full name other than their legal name for various reasons. As part of being a welcoming and inclusive campus, DU is updating databases and software to support the increased use of preferred names in the course of DU business and education.

There are two main types of gender-related identity information kept and used by the University:

- 1. Current legal name and sex** (often labelled “gender” on forms and software): DU must have your current legal identifiers on file for government reporting purposes. This helps you and DU avoid even the appearance of identity fraud when handling payroll/tax/financial aid, banking, insurance, and immigration transactions, as well employment and educational verification (eg transcripts).

You can update these with the University if/when you *legally* change them; details below.

- 2. Preferred/chosen name, pronouns, and lived gender identity:** You can *also* register additional information, which may be used in daily interactions within the University, instead of your legal identifiers.

As with other demographic information, you can add/update these with the University at any time; details below.

***Please note that,*** given the large number of different software systems used across the institution, ***we cannot guarantee that every office/ communication***

***will have access to or use these non-legal identifiers.*** The University is working to better coordinate across internal systems.

Below is information about indicating your

- Preferred 1<sup>st</sup> name and/or
- Chosen/professional names
- Gender identity
- Pronouns

You can review options and links to specific processes at

[www.du.edu/registrar/other-student-services/identity-resources](http://www.du.edu/registrar/other-student-services/identity-resources)

### **What is a "Preferred Name?"**

DU maintain two types of Preferred Names:

1. A preferred *first* name; and
2. A chosen/professional name.

**Preferred *First* Name:** The name by which an individual would like to be identified in everyday interactions. This can be a nickname, middle name, short form of the legal first name, or a different name entirely, and can differ for gender identity or other reasons. By default in University systems, this is the legal first name, unless you indicate otherwise.

Students (and employees) can submit a preferred first name online, via the Registrar site above. DU will use preferred first name in *most* instances such as formal correspondence and online applications. In some instances (like course rosters), the preferred first name will be displayed *in addition to* the legal name, for example: Legal First Legal Last (Preferred First).

**Chosen/Professional Name:** If an individual's identity includes a different surname or wishes to limit the display of their legal name, they may specify a "chosen/professional" name. This name will *replace* the legal name in most cases as the University is able to implement them. For example, the chosen/professional name of Cardi B would replace the legal name of Belcalis Marlenis Almanzar.

While DU will use of the preferred first name or chosen/professional name in most instances, students and employees should be aware that the legal name will

continue to be necessary in certain communications and processes due to DU business or legal requirements, and/or software limitations.

While this information is not yet available in other campus systems, affiliates can also add a **gender identity and pronouns** via the online web portal. Review details at [www.du.edu/registrar/other-student-services/identity-resources/gender-designation-personal-pronouns](http://www.du.edu/registrar/other-student-services/identity-resources/gender-designation-personal-pronouns) Software used in some offices/programs (eg HCC medical records and HRE housing system) can use this information when provided directly via application or intake.

## Legal Name and/or Legal Gender Marker Changes

Use of legal name is necessary for certain data exchanges, such as those where government agencies, employers, etc, must verify the legal identity. These include (but are not limited to) transcripts, payroll, tax, insurance, banking, financial aid, and federal or state reporting. Until you legally change this information (processes vary across state/local jurisdictions), the University must keep your *current* info on file.

More information about the legal name change process *in Colorado* can be found at [www.law.du.edu/the-colorado-law-project/how-do-i/change-my-name](http://www.law.du.edu/the-colorado-law-project/how-do-i/change-my-name)

- For information about changing your legal gender marker, or if you need assistance (including financial assistance) in changing your name, visit the Colorado Name Change Project: [www.namechangeproject.org](http://www.namechangeproject.org)
- Denver Fingerprinting ([denverfingerprinting.com/productservices.html#13](http://denverfingerprinting.com/productservices.html#13)) offers expedited fingerprinting and background checks.

For information on processes in *other* states/territories, check [transequality.org/documents](http://transequality.org/documents)

**To update University records *after* a legal name change**, download a name change request form at [www.du.edu/sites/default/files/2021-11/namechange.pdf](http://www.du.edu/sites/default/files/2021-11/namechange.pdf) or pick up the form in the reception area of the Office of the Registrar. Submit the completed form with all appropriate documentation to the Office of the Registrar; you can contact that office with questions.

## **Scholarships, Financial Aid & Payroll**

As potentially taxable financial transactions and legal contracts, nearly all University-handled financial transactions must be conducted under your *legal* name. In many cases, offices such as Financial Aid and Student Employment can communicate using your chosen name (and pronouns); but legal documents will still reflect your legal name.

If you choose to legally change your name and gender markers, you can then update University records with the new legal documents. This will only update campus records; you will also need to notify other financial providers and services (external scholarship providers, loan services, banks, etc.) directly.

## **Student ID card**

Once you have submitted other names (whether it be legal name change, “preferred” or chosen), the ID office can print a DU ID card with the first name (or new legal name) you would like listed. This name must be reflected in your student record *before* you’re able to get a new ID. They can also take updated photos for students who have transitioned and would like a new one. The ID office is located on the ground floor of Driscoll Commons, and online at [www.du.edu/pioneeridcard](http://www.du.edu/pioneeridcard)

Your DU ID card can also be used as an ATM card if you have accounts with US Bank, which has an on-campus location in Driscoll Commons. If US Bank has your legal info on file, your DU ID, with chosen name, works for them!

(Also note that you can remove the “Pioneer” moniker from your Student ID by request when reprinting.)

## **RTD passes**

Most students and employees are provided with RTD-Denver (public transportation) passes. As passes are provided and printed by RTD, DU is working with them to have chosen names printed on them.



## Email Address & Campus Login

You will be automatically assigned an official DU email address ending in @du.edu (typically legal [firstname.lastname@du.edu](mailto:firstname.lastname@du.edu)). While your core username will be permanently based on your 1<sup>st</sup> application legal name info, you can create an alias (alternative address) for your DU email address by making a request through online service ticket at [support.du.edu](https://support.du.edu) or calling 303.871.4700.

## Classroom

Course registration information will be your legal name by default, though your registered Preferred First Name will *also* show on course rosters. We hope to eventually have this same information appear on Canvas, and for the Chosen/ Professional Name to replace legal name entirely.

We encourage instructors to have class members do self-introductions during the first meeting(s), so that everyone can indicate what their name (and pronouns).

## Zoom

Follow these instructions on how to share your pronouns in your profile, including turning the feature on/off for meetings/webinars: <https://support.zoom.us/hc/en-us/articles/4402698027533-Adding-and-sharing-your-pronouns>

You can change your display name to appear as you want using these instructions: <https://support.zoom.us/hc/en-us/articles/201363203-Customizing-your-profile>

## Diploma, Graduation Programs, & Transcripts

Transcripts are generally considered legal documents (verified evidence of education credentials) and must be issued under your current legal name. This can be updated and re-issued if you later *legally* change your name.

However, diplomas and graduation ceremony printed programs are generally not legal documents, and do not have to be printed with your legal name. When applying for graduation, all students have the opportunity to enter the name they wish to have printed on their diploma, which will also appear in printed programs.

Additional information can be found at [www.du.edu/registrar/transcripts-grades-records/diplomas](http://www.du.edu/registrar/transcripts-grades-records/diplomas)

## Other Campus Records

DU is actively working on a simpler and consistent method for updating name and gender marker information across the many software systems across campus. In the meanwhile, there will be case-by-case fixing and notifying. Please check with The Cultural Center if you have specific questions or would like help navigating these systems.

# HOUSING

## On-campus

All on-campus housing is managed by DU Housing and Residential Education (HRE): [www.du.edu/housing](http://www.du.edu/housing)

HRE offers various resources for students who do not identify within the gender binary. Incoming first year and transfer students who have questions about their individual housing needs, or would like to talk with a staff member about gender-inclusive housing, can email [housing@du.edu](mailto:housing@du.edu) to schedule a meeting.

LGBTQ+ students have options for intentional LGBTQ+ community living, but also reside in multiple residence halls, apartments and living communities throughout campus. HRE staff, along with staff in The Cultural Center and HCC, can work with residents on whether/how to come out to room/ hallmates, and navigating other in-hall systems. In all cases, the University is committed to maintaining the level of discretion and privacy that is best for the individual. Please contact HRE directly with questions. [www.du.edu/housing](http://www.du.edu/housing)

The **All-Gender Community** is an HRE living community in which gender-inclusive, LGBTQ+ housing is available. The All-Gender community aligns with HRE's Diversity Statement and creates an LGBTQ+ community living environment for DU students of all orientations, gender identities and gender expressions--including LGBTQ+ allies.



All-gender housing is a popular choice for students who seek roommate or suitemate groups outside of the traditionally gendered-structure and acknowledges that identities exist on a spectrum. Each suite includes a single user all-gender restroom or single-stall restrooms. Living in the community will engage students through community building, peer relationships, staff support, student identity development, campus resources, identity and programming opportunities that empower students to become agents of change.

Currently, there is a first-year All-Gender Community in Dimond Family Residential Village, and a second/third-year All-Gender Community in Nelson residence Hall. There is a second application process for this floor beyond the regular housing application.

[studentaffairs.du.edu/housing/services-and-policies/all-gender-community](http://studentaffairs.du.edu/housing/services-and-policies/all-gender-community)

## Off-campus

While DU does not have authority over off-campus properties, we do offer resources to help students find and have good experiences:

<https://offcampus.du.edu>

It is illegal in the state of Colorado to refuse to rent to someone based on sex, sexual orientation, marital status, familial status, religion, etc. (Colorado Revised Statutes Annotated §24-34-502). If living off campus, it's best to avoid issues by feeling out the attitudes of each landlord, property manager, and roommates *before* signing any agreements.

If you believe you are being discriminated against based on any protected identity, including gender, gender expression, legal sex, sexual orientation or transgender status, you can explore legal options with the Denver Metro Fair housing Center ([dmfhc.org](http://dmfhc.org)), or find your local housing support via

<https://transequality.org/issues/resources/trans-legal-services-network-directory>

## MISCELLANEOUS RESOURCES – ON CAMPUS

*Most campus websites were rebuilt through 2021-22, and so web URLs may have changed change, breaking listed links in some cases. As they relaunch, you can begin at Student Affairs-based sites at <https://studentaffairs.du.edu> and search through to specific offices and services.*

### Queer & Ally (Q&A) Network

All members of the DU community are invited to participate in the Queer & Ally (Q&A) Training as one such option in this ongoing effort to create an inclusive living, learning and working environment at DU. Those who complete both Q&A Levels 1 and 2 are invited to be a part of the Queer & Ally Network at DU, demonstrating an additional level of commitment to sexual orientation and gender identity/expression equity.



Looking for those displaying the Q&A Network rainbow placard, magnet or button (logo above), and participating yourself, are great ways to access and support a campus-wide group of advocates and allies. Details and training schedule at <https://studentaffairs.du.edu/iee/qa-network>

### Queer Student Alliance (QSA)

This undergraduate Registered Student Organization strives to educate the DU community about issues that are faced by the LGBTQ+ community as well as host events dedicated to supporting and empowering queer students on campus. QSA is also connected to other affinity-based USG-recognized clubs and supported by The Cultural Center.



Connect on [crimsonconnect.du.edu/qa/home](https://crimsonconnect.du.edu/qa/home) or [www.instagram.com/queerdu](https://www.instagram.com/queerdu)

Some *graduate/professional* programs also have LGBTQ+ student groups, eg Outlaws (Law School), Queerbels (Korbel), Queer Equity Alliance-QEA (GSSW). Check with your student affairs/services office for what exists, and/or help create one for your unit!

## **Fraternity & Sorority Life (Greek system)**

DU's Fraternity and Sorority (Greek) Life does not have a central policy on Trans/non-binary students. As every chapter is governed by its national organization, their policies and process for inclusive recruiting and member transition are different.

<https://studentaffairs.du.edu/stay-involved/fraternity-sorority-life>

The **Lambda 10 Project** ([www.campuspride.org/lambda10](http://www.campuspride.org/lambda10)) serves as a national clearinghouse for educational resources and educational materials related to sexual orientation and gender identity/expression and the college fraternity/sorority experience, and has information for both individuals and interest chapters/nationals.

## **Career Closet**

Career & Professional Development have an ongoing collection of donated professional attire available to students. While some clothing descriptions (eg styles, cuts and button placements) are still described in gendered terms, students are welcome to select items based on their expression (vs clothing labels). Donations of good quality items are also welcome!

<https://career.du.edu/resources/career-closet>

The Cultural Center is also working on a broader Pride Closet, focused on casual attire, hygiene products, and specialty items such as binders/packers. Stay tuned for updates!

## **Menstrual Supplies**

Several offices and organizations are collaborating to provide free menstrual products in bathrooms across campus. Currently, dispensers have been placed in women's and all-gender restrooms in several key buildings (eg Community Commons, Driscoll Commons, Anderson Academic Commons). Work is underway to expand to more buildings and men-labelled restrooms, and to improve restock frequency. For the current time, please take only what you immediately need; and notify the building front desk if resupply is needed.

## OFF-CAMPUS RESOURCES FOR DENVER/COLORADO

### Transgender Center of the Rockies

The Transgender Center of the Rockies provides holistic gender-affirming services to support transgender and gender-expansive individuals. Their goal is to empower individuals to live whole and authentic lives. They provide social-emotional support and substance use treatment for the adult Colorado Trans community with clinical groups, individual counseling, peer-led support groups, employment, PreP case management, and community events. [www.transgendercenteroftherockies.org](http://www.transgendercenteroftherockies.org)



Transgender  
Center of  
The Rockies

### Mile High Behavioral Health Care & The Denver Element



Mile High  
Behavioral  
Healthcare



including Transgender Center of the Rockies, The Denver

Element and Denver Pique Social Group. [denverelement.org](http://denverelement.org)

Mile High Behavioral Healthcare brings a caring, seamless continuum of behavioral healthcare to the most vulnerable in our community—offering affordable care and housing services with focused programs to address life challenges. They also house multiple LGBTQ+ social and community-based support programs

### The Colorado Name Change Project

The Colorado Name Change Project connects folks with information and forms on how to update your name and gender marker in the State of Colorado. Their goal is to help you better understand and navigate the process of changing your name and/or your gender marker. They have automated the forms needed for an Adult and Minor Name Changes in Colorado and are working on form packages for Gender Marker Change. They also provide educational workshops and are sometimes available to provide financial assistance for name change fees and fingerprinting.

[www.namechangeproject.org](http://www.namechangeproject.org)



## The Center on Colfax



The Center on Colfax opened in 1976 and has grown to become the largest LGBTQ community center in the Rocky Mountain region, giving voice to Colorado's LGBTQ+ community and playing a pivotal role in statewide initiatives to reduce harassment and discrimination. Today they are focused on fulfilling our mission by ensuring that every member of the LGBTQ community has access to the programs and resources they need to live happy, healthy, and productive lives.

[lgbtqcolorado.org](https://lgbtqcolorado.org)

## Transgender Programs at the Center on Colfax

The Center's Transgender Program is a welcoming, affirming space for transgender and gender diverse individuals to get together and build community. There are a number of weekly and monthly social support groups to attend and connect with others. They offer engaging classes, such as yoga or art workshops, as well as host community discussions and provide fingerprinting services on-site.

[lgbtqcolorado.org/programs/transgender](https://lgbtqcolorado.org/programs/transgender)

## Rainbow Alley (LGBTQ+ Youth) at the Center on Colfax

Rainbow Alley is a safe, brave space where LGBTQ youth (ages 11-21) and their allies find support and acceptance. They provide a drop-in space, youth-led events and activities, counseling and support groups, health services and life skills—all in a warm and welcoming environment. Services and events are free.

[lgbtqcolorado.org/programs/rainbow-alley](https://lgbtqcolorado.org/programs/rainbow-alley)

## One Colorado

One Colorado is the state's leading advocacy organization dedicated to advancing equality for LGBTQ+ Coloradans and their families. They effectively advocate for LGBTQ+ Coloradans and their families by lobbying the General Assembly, the executive branch, and local governments on issues like safe schools, transgender equality, relationship recognition, and LGBTQ+ health and human services. [one-colorado.org](https://one-colorado.org)





## **Colorado Gender & Sexuality Alliance (GSA) Network at One Colorado**

A coalition of student-initiated and student-run clubs with a goal of empowering LGBTQ+ and allied students to combat bullying and harassment in their schools. While primarily focused on middle and high school students, they also provide opportunities for college-level GSA leadership development, mentorship opportunities, resources for both students and educators in all levels of education. [one-colorado.org/colorado-gsa-network](http://one-colorado.org/colorado-gsa-network)

## **Envision:You**



Supports, educates, and empowers members of Colorado's LGBTQ+ community who are living with a mental health and/or substance use disorder. Envision:You educates the public about and builds awareness of mental health and substance use disorders and treatments; provides education, training, and resources to expand the availability

of culturally affirming treatment services; and advocates for changes to local and state-wide policies to advance equity for LGBTQ+ individuals living with mental health and substance use disorders. Envision:You also collaborates with partners and allies to enhance training, research, education, and resources to support LGBTQ+ Coloradans in achieving optimal mental health and wellbeing.

[www.envision-you.org](http://www.envision-you.org)

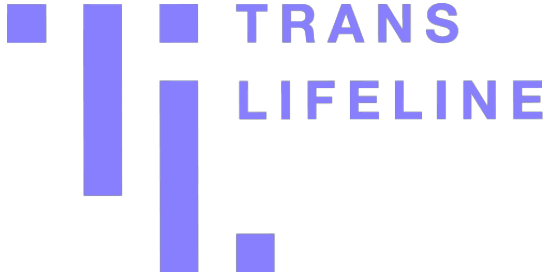
## NATIONAL RESOURCES

### The Trevor Project

Founded in 1998 by the creators of the Academy Award-winning short film *TREVOR*, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to LGBTQ+ young people under 25. Their trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgement-free place to talk, call the TrevorLifeline at 1-866-488-7386. Text-based chat and other support resources also available. [www.thetrevorproject.org](http://www.thetrevorproject.org)



### Trans Lifeline



A grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to Trans people in crisis – for the Trans community, by the Trans community. Calls and support are free. [translifeline.org](http://translifeline.org)

### National Center for Transgender Equality

NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, they set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, DC. Today, NCTE is a team of hard-working staff members supported by a nationwide community of transgender people, allies, and advocates with an extensive record of winning life-saving change for transgender people. [transequality.org](http://transequality.org)



## Matthew's Place – Matthew Shepard Foundation

An online village designed to provide young people with the resources they need to thrive in this world, make a difference, and gain tools to lead healthy, productive, hate-free lives. It provides a wealth of materials including regular blogs from a dedicated group of young people making a difference in their own communities. Matthew's Place is a program of the Matthew Shepard Foundation, which was founded by Dennis and Judy Shepard in memory of their 21-year old son, Matthew, who was murdered in an anti-gay hate crime in Wyoming in October 1998.



Matthew's Place features interviews with individuals in the LGBT and allied community and an in-depth list of shelters, outreach centers, and empowerment programs that are welcoming of youth of all sexual orientations and gender identities. [www.matthewshepard.org/matthews-place](http://www.matthewshepard.org/matthews-place)

## Trans Youth Family Allies



A TransYouth Family Ally (TYFA) is any person or organization who is supportive of Trans, gender variant and gender questioning children and their families and can uphold the mission of TYFA. An ally is someone upon whom the organization can depend to be a consistent witness, expert or other professional representative who will not only endorse the message and mission of TYFA, but will do so unequivocally. They also have resources for parents and families of transgender youth and young adults. [www.imatyfa.org](http://www.imatyfa.org)

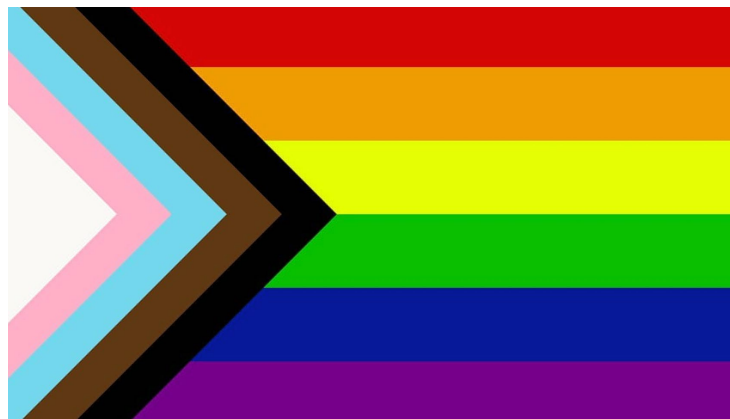
## PFLAG

Founded in 1973 after the simple act of a mother publicly supporting her gay son, PFLAG is the nation's largest family and ally organization.

PFLAG is the first and largest organization for LGBTQ+ people, their parents and families, and allies. With over 400 chapters and 200,000 members and supporters



crossing multiple generations of families in major urban centers, small cities, and rural areas across America, PFLAG is committed to creating a world where diversity is celebrated and all people are respected, valued, and affirmed. [pflag.org](http://pflag.org) (you can also search for local chapters)



The *DU Trans Student Guide* is revised on a regular basis. Please help us to improve on incomplete topics, updated information, and/or share your favorite resources!

Please reach out to the staff in The Cultural Center with any questions.

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