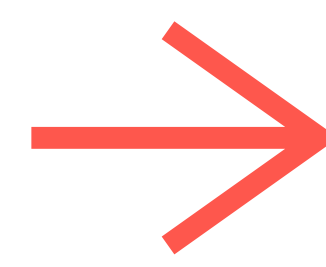


HOLIDAY HELLOS

Learning about our neighbors one tradition at a time!

Spiritual Life
at DU



HELLO
my name is

Isra' & Mi'raj
[Islamic]

[Note: Not all Muslims celebrate this holiday]

[Find 2025 date online and fill in here! Note: Islamic dates are finalized based on moon sighting]

A bit about me!

"The Isra' and Mi'raj...are the two parts of a Night Journey that Muslims believe the Islamic prophet Muhammad (AD 570–632) took during a single night around the year AD 621... Within Islam, the majority of Islamic scholars claim that the journey was both a physical and spiritual one...

In the Isra' ("Night Journey"), Muhammad is said to have traveled on the back of Buraq (a winged horse-like bird) to Al-Aqsa (i.e. the Noble Sanctuary), where he led other prophets including Ibrahim (Abraham), Musa (Moses), and Isa (Jesus) in prayer.

Muhammad then ascended into heaven during the Mi'raj (Ascension), where he individually greeted the prophets, and later spoke to God, who agreed to lower the number of required ṣalāt (ritual prayer) from 50 a day to only five. The story of the journey and ascent are marked as one of the most celebrated in the Islamic calendar—27th of the Islamic month of Rajab."

According to HuffPost, "Muslims may attend special prayer services at a mosque, or they may commemorate the holiday privately at home by telling the story to children or reciting special nighttime prayers."

Sources:
1. en.wikipedia.org/wiki/Isra%27_and_Mi%27raj
2. www.huffpost.com/entry/lailat-al-miraj_n_885922

Mood?

Prayer; Supplication; Food;
Faith; Community

Some greetings

[no particular greeting found]

Some foods (may differ by denomination or region)

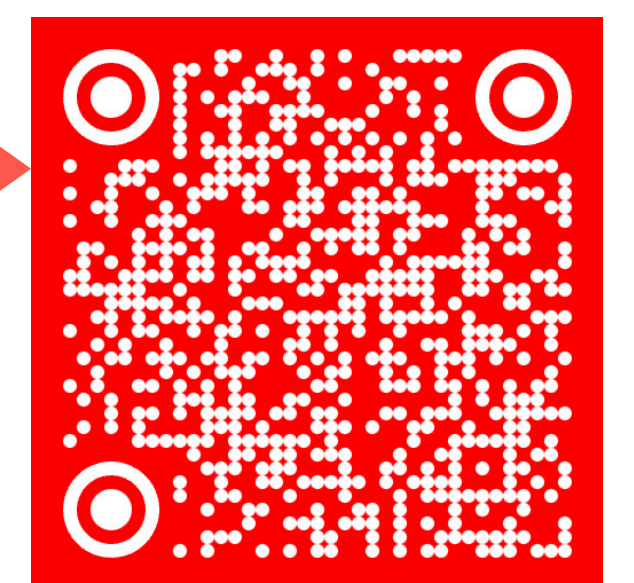
[no particular foods found]

Possible accommodations

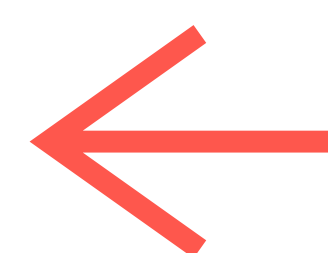
- Community members may require time to attend prayer services and might have busier than average schedules with pre-holiday preparations
- Community members may be traveling to spend time with friends and family

SPIRITUAL STORYTELLING

Share YOUR
favorite holiday
memories/insights!



See what others
shared!



spiritual_life@du.edu