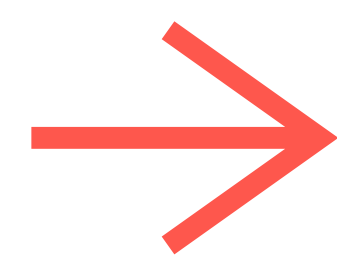


HOLIDAY HELLOS

Learning about our neighbors one tradition at a time!

Spiritual Life
at DU



HELLO
my name is

**Solemnity of Mary,
Mother of God**

[Catholic]

Jan. 1, New Years Day
(same date each year)

A bit about me!

The Solemnity of Mary honors the mother of Jesus. Hallow.com shares a quote about the holiday from a 2022 homily by Pope Francis:

"The New Year begins under the sign of the Holy Mother of God, under the sign of the Mother. A mother's gaze is the path to rebirth and growth."

SicilianGirl.com adds: "It is fitting to honor Mary as Mother of Jesus, following the birth of Christ. When Catholics celebrate the Solemnity of Mary, Mother of God, we are not only honoring Mary, who was chosen among all women throughout history to bear God incarnate, but we are also honoring Jesus. Calling Mary "mother of God" is the highest honor we can give Mary. Just as Christmas honors Jesus as the "Prince of Peace," the Solemnity of Mary, Mother of God honors Mary as the "Queen of Peace" This solemnity, falling on New Year's Day, is also designated the World Day of Peace. While many Christians recognize Christmas as a celebration of Jesus' birth, the solemnity is also a festival of his Incarnation, that is, God becoming human in the person of Jesus."

Sources:

1. hallow.com/blog/solemnity-of-mary-mother-of-god
2. catholicstraightanswers.com/what-is-the-difference-between-a-solemnity-a-feast-and-a-memorial/
3. www.vatican.va/content/francesco/en/homilies/2022
4. siciliangirl.com/2020/12/solemnity-of-the-blessed-virgin-mary

spiritual_life@du.edu

Mood?

Observances & Prayer;
Reflection; Faith;
Community

Some greetings

Happy Solemnity;
Happy Feast Day

Some foods (may differ by denomination or region)

"**Blueberries** or other blue-colored foods, such as a Marian **Blueberry Tart**, reflect Mary's traditional color, while simple and pure dishes like **rosemary and olive oil flatbread** or **stuffed artichokes** honor her humility and maternal care"

[espiliving.com/september-catholic-feast-day-recipes]

Possible accommodations

- Community members may require time to attend Mass and might have busier than average schedules with pre-holiday preparations
- Community members may be traveling to spend time with friends and family

SPIRITUAL STORYTELLING

Share YOUR
favorite holiday
memories/insights!



See what others
shared!

